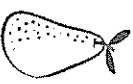


# CHESTER HILL PUBLIC SCHOOL CANTEEN SPRING MENU TERM 4, 2018



Please remember to place all lunch orders before 8.55am  
Healthy Canteen Ratings: E= Everyday food, O= Occasional Food

## Fresh Choices

**Grilled Chicken Focaccia (fresh or toasted) - \$6.00**

*(Halal, Healthy Canteen Rating: E)*

A fresh focaccia with grilled chicken, mixed leaf salad, sliced cheese and tomato

**Grilled Chicken Wrap (fresh or toasted) - \$6.00**

*(Halal, Healthy Canteen Rating: E)*

A fresh wrap with grilled chicken, mixed leaf salad, sliced cheese and tomato

**Beef Focaccia (fresh or toasted) - \$6.00**

*(Halal, Healthy Canteen Rating: E)*

A fresh focaccia or wrap with a hamburger patty, mixed leaf salad, sliced cheese and tomato

**Beef Wrap (fresh or toasted) - \$6.00**

*(Halal, Healthy Canteen Rating: E)*

A fresh focaccia or wrap with a hamburger patty, mixed leaf salad, sliced cheese and tomato

**Garden Salad - \$5.00**

*(Halal, Healthy Canteen Rating: E)*

A mixed leaf salad with shredded carrot, tomato and cucumber.

Optional extras: Grilled chicken \$1.00, Olives and Fetta \$1.00, Boiled Egg 50c, Tuna \$1.00, Toasted Dinner Roll \$0.50c

**Sandwiches (fresh or toasted) - \$3.00**

*(Healthy Canteen Rating: E)*

Cheese

Cheese & Tomato

Ham, Cheese & Tomato

Tuna & Mayonnaise

Egg & Mayonnaise

Vegemite

## Hot Choices

**Pasta - \$4.50**

*(Halal, Healthy Canteen Rating: E)*

Beef Lasagne, Mac & Cheese, Vegetarian Penne Napolitana

**Mexican Nachos - \$4.50**

*(Halal, Healthy Canteen Rating: O)*

**Honey Soy Chicken with Rice - \$4.50**

*(Halal, Healthy Canteen Rating: O)*

**Sweet Chili Chicken Tenders - \$1.50**

*(Halal, Healthy Canteen Rating: O)*

**Sausage Rolls - \$3.50**

*(Halal, Healthy Canteen Rating: O)*

## Snack Choices

**Crunch & Sip Combo - \$1.50**

*(If purchasing for fruit break, please buy before 8.55am)*

*(Healthy Canteen Rating: E)*

350ml water & 1 piece of fruit

**Vaalia Yoghurt Tub - \$2.50**

*(Healthy Canteen Rating: E)*

**Fresh Daily Options - 50c - \$2.00**

*(Healthy Canteen Rating: E)*

Carrot sticks, fresh fruit cups, veggie sticks and dip, sliced watermelon, whole pieces of fruit, etc...

## Drink Choices

**Large Water - \$2.00**

*(Healthy Canteen Rating: E)*

**Small Water - \$1.00**

*(Healthy Canteen Rating: E)*

**Plain Oak Milk - \$2.00**

*(Healthy Canteen Rating: E)*

**Sipahh Flavoured Straws - 50c**

*(Healthy Canteen Rating: E)*

**Fruit Juices - \$2.50**

*(Healthy Canteen Rating: E)*

Apple, Orange

**Flavoured Focus Water \$3.00**

*(Healthy Canteen Rating: O)*

**Juice Ice Treats - \$1.00**

*(Healthy Canteen Rating: E)*

**Juicies (ice-block) - \$2.00**

*(Healthy Canteen Rating: E)*

**Smiths Chips - \$2.00**

*(Healthy Canteen Rating: O)*

**Delites Rice Crackers - \$1.00**

*(Healthy Canteen Rating: O)*

**Cheese & Crackers - \$2.00**

*(Healthy Canteen Rating: O)*